

# Inner & Outer Beauty Retreat

*With Linda Bertaut*



## **Award-Winning Beauty Expert & Reiki Master Linda Bertaut**

Specializes in bringing inner beauty to the surface. Linda interprets and gets to the core of people's identities and helps them define themselves. The result is transformation from the inside out.

She has won the Image Industry Council's Award of Excellence for her work on inner image and two awards for make-up artistry.

Today, as founder of Bertaut Reiki, Face Options Mineral Cosmetics and Petal Potions, natural mood management products, she helps people to look and feel their best.

*Do you ever feel like you are operating on auto pilot?  
Do you change who you are to fit into your environment?  
Do you dream of the day you will be able to be the person you really want to be?* If you answered yes to any of these questions, this retreat is for you!

Being true to you is your most important job in life. Knowing yourself, allows you to be more connected to a sense of purpose. With purpose comes a passion for living. Take a journey of self-discovery as Linda reveals the step-by-step process to become who you are and aspire to be in a safe and nurturing environment.

If you are at a crossroads and ready for change but not sure what to do, this is your weekend. Join us as we are going to have a lot of fun!

**Friday:** Get acquainted female bonding evening.  
**Saturday:** Linda's signature Image & Essence workshop on discovering and accepting your inner beauty.  
**Sunday:** Matching inner & outer beauty with a make-up workshop and clothing assessment.

- Discover the difference between how you are perceived by yourself and others.
- Receive your very own Chakra Personality Profile to understand your operating mode and automatic responses to life.
- Design a template to be true to you, both inside and out.
- Learn how to integrate who you are with how you appear.
- Build a credible, signature image that reflects your inner essence.

**When:** Friday — Sunday, April 4—6, 2008

**Friday:** 6—8 PM **Saturday:** 10—6 PM, **Sunday:** 10—4

**Where:** Pleasant Hill, CA

**Investment:** \$375 (\$325 when you register by March 2, 2008)

**Register:** Call Linda at 626-405-0424 or email  
[Linda@BertautBeauty.com](mailto:Linda@BertautBeauty.com)

**Other:** \$150 non-refundable deposit, no refunds 4 weeks prior to class

## **What people are saying:**

"Linda's workshop changed the way I perceive myself. I now value 'Robbie' and am clear of my life's path."  
-Robbie Gonyer-Penney, Esthetician, Spa Owner

"A unique course unlike any other. The insights I have gained today will impact the rest of my life. I highly recommend this workshop!" - Shelley Smith, Stellar Advertising Agency

"This class was really life altering with a very fun, enjoyable and interesting presenter." - Anita Chan, Image Consultant

"The workshop was fabulous. I recommend it to anyone who wants to learn more about themselves. Be prepared to make some changes in your life." - Sheila White, Esthetician

"This was really fun, enlightening and educational. I found it very validating and inspiring. Now I want to go to the next level and integrate the information and wisdom into my life." - Jenifer Todd, Spiritual Teacher